

## SUICIDE RISK ASSESSMENT – SAD PERSONS

Sex (male)	
Age (25-34; 35-44; 65+)	
Depression	
Previous attempt	
Ethanol abuse	
Rational thinking loss (psychosis)	
Social support lacking (or loss of loved one)	
Organized plan	
No spouse	
Sickness	

TOTAL:

- 0-2 equals little risk, (unless previous attempt and/or rational thinking impaired)
- 3-4 equals following patient closely,
- 5-6 equals strongly considering hospitalization,
- 7-10 equals a very high risk, hospitalize or commit.

**Suicide risk assessment and management: A systematic evidence review for the Clinical practice guidelines for emergency departments and mental health services project (2010)**

Risk factors	Protective factors
1. Past psychiatric history	1. Good communication with family members
2. Current mental illness	2. Problem-solving confidence
3. Comorbidity	3. Social connectedness
4. Family relationship disturbance	4. Locus of control
5. Recent suicide of somebody close	5. Reasons for living
6. Childhood physical/sexual abuse	
7. Unipolar depressive disorder	
8. Hopelessness	
9. Worthlessness	
10. Drug/alcohol abuse/dependence	
11. Impulsivity	
12. Self-harm	
13. Suicidal ideation	
14. Prior suicide attempt	
15. Stressful life events	
16. Physical illness	
17. Social isolation	
18. Psychiatric illness and/or substance abuse during pregnancy or postnatal period	
19. Antidepressant use	
20. Psychiatric hospitalisation	

**IF SIGNS PRESENT: Use clinical judgement to admit patient or refer patient to their local clinic (list available with clinics rendering mental health services)**

### The Tool for Assessment of Suicide Risk: TASR

NAME: \_\_\_\_\_ Chart #: \_\_\_\_\_

INDIVIDUAL RISK PROFILE: ☆	YES	NO
Male		
Ages 15-35		
Age over 65		
Family history of suicide		
Chronic medical illness		
Psychiatric illness		
Poor social supports/social isolation		
Substance abuse		
Sexual/physical abuse		
SYMPTOM RISK PROFILE: ☆ ☆	YES	NO
Depressive symptoms		
Positive psychotic symptoms		
Hopelessness		
Worthlessness		
Anhedonia		
Anxiety/agitation		
Panic attacks		
Anger		
Impulsivity		
INTERVIEW RISK PROFILE: ☆ ☆ ☆	YES	NO
Recent substance use		
Suicidal ideation		
Suicidal intent		
Suicidal plan		
Access to lethal means		
Past suicide behaviour		
Current problems seem unsolvable to patient		
Suicidal/violent command hallucinations		

LEVEL OF SUICIDE RISK: High  Moderate  Low

Assessment completed by: \_\_\_\_\_  
(Name & position)

DATE: \_\_\_\_\_

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